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DAYS OF

KINDNESS



- Smile at someone just because.
- Buy coffee for the person behind you in line.
- Donate old clothing or toys.
- Donate old towels, blankets, or food to an animal shelter.
- Bake cookies for someone.
- Donate to a food bank.
- Write a letter of gratitude to someone.
- Write kind words or draw smiley faces on rocks and leave them for others to find.
- Send a care package to deployed soldiers.
- Let someone go ahead of you in line.
- Leave a generous tip at a restaurant.
- Find opportunities to give compliments. It costs nothing, takes no time, and could make someone's entire day. Don't just think it. Say it.
- Do an extra chore.
- Read to a sibling.

Know parents who could use a night out? Offer to babysit for free.

Write a note to a friend and list all the things you love about them.

Take flowers or treats to the nurses' station at your nearest hospital or nursing home.

Send a 'Thank You' card or note to the officers at your local police or fire station.

Run an errand for a family member or friend who is busy.

Email or write to a former teacher who made a difference in your life.

Encounter someone in customer service who is especially kind? Tell their manager.

Call someone just to say hello.

Send flowers to someone.

Cook a meal for a neighbor.

Pick up litter in the park.

Help someone you know who is struggling financially.

Donate to your favorite charity.

These are just a few suggestions. There are so many ways to show kindness. Show some kindness and God's love!

"LET ALL THAT YOU DO BE DONE IN LOVE."

1 Corinthians 16:14